

F&M's

Super Brunch For 2

Jumbo Whitefish, Kippered Salmon, Regular or Nova Lox, Lettuce, Tomatoes, Cucumbers, Onions, Olives, 4 Bagels w/Cream Cheese & Sweet Muster Cheese, Coffee or Hot Tea.
\$39.95 (no substitutions) Sharing Charge.....\$5.95

Mini Brunch For 2

Served with 2 Bagels, Cream Cheese, Lettuce, Tomatoes, Cucumbers, Onion, Garnishes, Coffee or Hot Tea.

- MB1 - Regular or Nova Lox and White Fish Salad.....\$25.95
- MB2 - Regular or Nova Lox and Jumbo White Fish.....\$25.95
- MB3 - Regular or Nova Lox and Kippered Salmon.....\$28.95
- MB4 - Regular or Nova Lox and Sable or Carp.....\$29.95

Breakfast

Served until 11:00am Weekdays

Fruits & Juices

Grapefruit Juice, Fresh Orange Juice, Apple Juice, Tomato Juice

Small \$1.95 Large \$2.95

Fresh Fruit Cup.....\$5.95



Monday Thru Friday, Served Until 11:00am

2 Eggs Any Style with Potatoes, Toast.....\$3.95

Omelettes (3 eggs)

All Served w/Home Fries & Toast Unless Otherwise Specified
Egg Beaters or Egg Whites Addition \$1.50

- 1/0 American Cheese Omelette.....\$7.95
- 2/0 Western Omelette.....\$8.95
- 3/0 Lox & Fried Onion Omelette.....\$11.95
- 4/0 Kosher Salami Omelette.....\$9.95
- 5/0 Bacon & Cheese Omelette.....\$8.95
- 6/0 Ham & Cheese Omelette.....\$9.95
- 7/0 Mixed Veggie Omelette.....\$8.95
- 8/0 Fried Matzoh (No Home Fries or Toast).....\$9.95

Country Fresh Eggs

Served w/Home Fries, Toast & Butter
Egg Beaters or Egg Whites Addition \$1.50

- Two Eggs (any style).....\$3.95
- with Bacon or Sausage.....\$7.45
- with Turkey Bacon or Turkey Sausage.....\$8.45
- with Ham or Pork Roll.....\$7.45
- with Scrapple.....\$7.45
- with Canadian Bacon.....\$8.45
- with Corned Beef Hash or Pastrami Hash.....\$9.45



Sharing Charge \$2.50
Also Daily Specialties (Please Ask)

Pancakes or Belgium Waffles

Served with Syrup & Butter

- Belgium Waffle or 3 Golden Pancakes.....\$4.95
- Belgium Waffle or 3 Golden Pancakes w/Chocolate Chips, Bananas, Blueberries or Strawberries.....\$6.95



French Toast

Served with Syrup

- Three Thick Cut Slices of Challiah French Toast.....\$6.95
- French Toast w/Blueberries, Bananas or Strawberries.....\$7.95

Side Orders

- Ham Steak, Sausage, Bacon (4), Scrapple, Pork Roll (2) or Home Fries.....\$3.95
- Turkey Bacon (4 Slices) or Turkey Sausage, Canadian Bacon (2), Kielbasa.....\$4.95
- Home Made Pastrami or Corned Beef Hash.....\$7.95

Breakfast Sandwiches

Served on your choice of Bread with 2 Eggs Scrambled or Fried

- 1S - Eggs & Cheese.....\$4.95
- 2S - Eggs w/Bacon & Cheese.....\$5.95
- 3S - Eggs w/Pork Roll & Cheese.....\$5.95
- 4S - Eggs w/Sausage (Italian) & Cheese.....\$5.95
- 5S - Eggs w/Imported Ham & Cheese.....\$5.95



Desserts

- Bread Pudding.....\$4.95
- Rice Pudding.....\$2.95
- Fresh Fruit Salad.....\$5.95
- Home Baked Cookies.....\$2.95
- Jewish Apple Cake.....\$3.95
- Chocolate Fudge Cake.....\$3.95
- Hamantash.....\$2.99
- Chocolate Covered Pretzels with Toppings (2).....\$2.95
- Cheese Cake.....\$4.95
- Kamish Bread.....\$3.95
- Assorted Pastry Bars.....\$3.50
- Assorted Schnecken (2).....\$3.95
- Lemon Pound Cake.....\$3.95
- Chocolate Chip Banana Cake.....\$3.95
- Chocolate Covered Pretzels (2).....\$2.50

Also Our Daily Specialties (Please Ask)

Beverages

- Coffee.....\$1.95
- Hot Tea.....\$1.95
- Milk.....\$2.50
- Chocolate Milk.....\$2.95
- Stewart's Root Beer (Diet or Regular).....\$2.25
- Fresh Brewed Iced Tea.....\$1.95
- Soda (Fountain w/ 1 Free Refill).....\$1.95
- Dr. Brown's & Specialty.....\$2.25
- Snapple.....\$2.50
- Stewart's Orange Cream.....\$2.25

Children's Menu

6 Years Old or Younger

- Dora's Pizza Bagel with French Fries
- Mickey's Cheeseburger with French Fries
- Big Bird's Chicken Fingers with French Fries
- Elmo's Hot Dog with French Fries
- Sponge Bob's Grilled Cheese with French Fries
- Garfield's Grilled Chicken with Lettuce & Tomatoes

All Kid's meals include beverage & cookie for:

\$6.95

To Share Any Platter \$2.50

Full Service Catering Available



Minimum Order
FREE
Local Delivery



F&M

Restaurant / Delicatessen
Catering

Philadelphia
MAGAZINE

Of all the people who do what we do, PHILADELPHIA & SOUTH JERSEY Magazines said we do it best. And we're proud of it.



Hot Pastrami

Our Family - Serving Your Family
Only Brings the Best to Your Table.
The Finest in Quality.

Since 1968
Full Service Catering Available
Delivery Available

Roberts Mill Plaza
Church Road, Mt. Laurel Twp., NJ
Phone: 856-235-7245 • Fax: 856-273-8592
E-mail: fandmcaterers@aol.com
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THE MENU EXPRESS 856-216-7777 06/18 Not responsible for typographical errors. Prices subject to change without notice.

All of our food is prepared to order. So please be patient.

Appetizers

1A - Chopped Liver or Chopped Herring*	\$11.95
2A - Herring Cream or Wine Sauce*	\$10.95
3A - White Fish Salad Homemade*	\$13.95

**All Above Served with Lettuce, Tomato, Cucumber, Onion & Rye Bread*

4A - Fried Onion Rings w/Dipping Sauce*	\$5.95
5A - Wings (8) BBQ, Buffalo, Teriyaki or Garlic w/Bleu Cheese	\$8.95
6A - Calamari with Sauce	\$7.95
7A - Chicken Tenders (4) with Dipping Sauce	\$7.95
8A - Potato Skins, Cheddar, Bacon, Sour Cream and Chives	\$8.95
9A - Knish, Sour Cream with Choice of Cheese, Potato, Spinach, Kasha, Rice, Liver	\$4.95
	\$6.95
10A - Parma Prosciutto, Marinated Mozzarella Cheese, Roasted Peppers with Roll & Butter	\$12.95
11A - Homemade Potato Pancakes (4) w/Sour Cream & Apple Sauce	\$8.95
12A - Blintzes (3) Cherry or Blueberry w/Sour Cream & Apple Sauce	\$7.95
All Cheese \$2.00 Extra	



Soup Du Jour Bowl	\$4.95
Chicken Matzo Ball Soup with Noodles	\$5.95
Cabbage Soup	\$5.95
Seafood Soup	\$6.95

The Three Story Empire

1TD - Triple Decker - White Meat Turkey Breast Piled High, Crispy Bacon, Lettuce, Fresh Sliced Tomato, Mayo, White Toast, served w/Cole Slaw	\$10.95
2TD - Triple Decker - Fresh Grilled Chicken Breast with Crispy Bacon, Lettuce, Fresh Sliced Tomato, Mayo, White Toast, served w/Cole Slaw	\$10.95
3TD - Triple Decker - Combo of Corned Beef, Our Own Homemade Roast Beef, Cole Slaw, Russian Dressing on Fresh Sliced Rye Bread, served w/Potato Salad	\$10.95
4TD - Triple Decker - Roast Beef, Corned Beef, or Ham, Sliced Imported Swiss Cheese, Lettuce, Fresh Sliced Tomato, Mayo on White Toast served w/Cole Slaw	\$10.95
5TD - Triple Decker - Our Own Homemade Chicken Salad or Tuna Salad, Crispy Bacon, Lettuce, Fresh Sliced Tomato, Mayo, White Toast, served w/Cole Slaw	\$10.95

"From the Sandwich Board"

*All Sandwiches served on Rye unless specified differently
Choice of Marble Rye, Kaiser Roll, Whole Wheat, White, Bagel or Multi Grain*

Home Cooked Turkey, Roast Beef	Liverwurst, Dietz & Watson	\$7.95
Spiced Beef, Pastrami or Corned Beef	Chopped Liver with Raw Onions	\$9.95
(Extra Lean \$0.95 Extra)	Kosher Salami or Bologna	\$9.95
Imported Ham	Chopped Herring	\$9.95
Seafood or Shrimp Salad	Tuna or Chicken Salad	\$8.95
Beef Tongue	White Fish Salad	\$9.95

Tomato \$0.95 - Swiss Cheese or American Cheese \$0.95 - Sharing Charge \$2.50

F&M Over Sized Sandwiches

1J - Hot or Cold Corned Beef and Tongue served with Cole Slaw	\$14.95
2J - Hot or Cold Turkey Breast and Pastrami served with Cole Slaw	\$12.95
3J - Hot or Cold Pastrami and Corned Beef served with Cole Slaw	\$12.95
4J - Hot or Cold Pastrami and Chopped Liver served with Cole Slaw	\$12.95
5J - Roast Beef Special served with Potato Salad	\$12.95
6J - Corned Beef Special served with Potato Salad	\$12.95
7J - Grilled Pastrami Special served with Potato Salad	\$13.95
8J - Reuben served with Potato Salad	\$13.95
9J - Hot Brisket with Melted Natural Munster Cheddar on Toasted Roll, served with Potato Salad	\$15.95



Hoagies

Italian	\$7.95	Chicken or Tuna Salad	\$9.95
Jewish	\$15.95	Parma Prosciutto w/Sharp Provolone	
Roast Beef, Corned Beef or Turkey	\$10.95	Cheese, Roasted Peppers	\$12.95
Ham & Cheese	\$9.95		

Includes Lettuce, Tomato, Onions, Oil and Oregano

Assorted Wraps

1W - Grilled Chicken w/Romaine Lettuce, Roasted Peppers, Caesar Dressing with Cole Slaw	\$10.95
2W - Chicken Cutlet w/Ranch Dressing, Pepper Jack Cheese, Lettuce & Tomatoes with Cole Slaw	\$9.95
3W - Grilled Vegetables w/Melted Marinated Mozzarella Cheese & Pesto Sauce with Cole Slaw	\$9.95
4W - Turkey Club - Our Roasted Turkey Breast, Lettuce, Tomato, Bacon & Mayonnaise with Cole Slaw	\$9.95
5W - Grilled Reuben - Corned Beef, Sauerkraut, Swiss Cheese, Russian Dressing with Potato Salad	\$9.95
6W - Tuna or Chicken Salad, Lettuce, Tomato, American Cheese, Cucumber with Cole Slaw	\$9.95
7W - Buffalo Chicken - Chicken Tenders, Lightly Fried, Dipped in F&M Famous Sauce, Lettuce, Tomato, Bleu Cheese Dressing with Cole Slaw	\$9.95
8W - Grilled Chicken Breast w/Broccoli Rabe & Sharpe Provolone Cheese, Lettuce, Tomato, Caesar Dressing with Cole Slaw	\$11.95

Hot Sandwiches

Brisket	\$10.95	Pepper and Egg	\$7.95
Roast Beef	\$9.95	Steak	\$7.95
Corned Beef (Extra Lean \$0.95 Extra)	\$9.95	Cheese Steak	\$8.95
Roast Pork (Broccoli Rabe or Sharp Provolone Cheese \$1.95 Extra)	\$9.95	Pizza Steak	\$9.95
Pastrami	\$9.95	Pork Roll, Cheese, Lettuce & Tomato	\$7.95
Meatball Sandwich	\$7.95	Italian Sausage, Broccoli Rabe & Sharp Provolone	\$10.95
Meatball Parm	\$8.95	Kosher Knockwurst	\$6.95
Bacon, Lettuce and Tomato	\$7.95	Grilled Cheese	\$5.95
		Grilled Cheese and Ham or Bacon	\$7.95

House Specialties

1HS - " Monte Cristo " - Honey Smoked Ham, Sliced Turkey Breast, Imported Swiss Cheese on French Toast Challah Bread Topped with Pineapple	\$10.95
2HS - Turkey or Corned Beef Special - (Cooked Fresh Daily) Piled High with our Cole Slaw, Russian Dressing on Fresh Rye Bread (extra lean \$0.95 extra)	\$10.95
3HS - Roast Beef Special - (Cooked Fresh Daily) Piled High with our Cole Slaw, Russian Dressing on Rye Bread	\$10.95
4HS - Reuben, Hot Turkey or Hot Corned Beef - with Melted Swiss, Sauerkraut, Russian Dressing on Grilled Rye. (open faced or stacked)	\$11.95
5HS - Grilled Pastrami Special - Grilled Pastrami with Melted imported Swiss Cheese, Cole Slaw and Russian Dressing on Grilled Rye (open faced or staked)	\$11.95
6HS - Grilled Combo - Grilled Pastrami with Melted Swiss, Chopped Liver and Raw Onion on Grilled Rye (open faced or stacked)	\$11.95
7HS - Knockbuckle - Grilled Kosher Salami and Bologna on Grilled Rye Bread w/Melted American Cheese, Cole Salw, & Russian Dressing (open faced or stacked)	\$11.95
8HS - Pepperoni Pizza Steak - Steak w/Melted Provolone Cheese, Grilled Pepperoni and Sauce	\$10.95
9HS - Tuna Surprise - Hot Tuna Salad with Tomato and Melted American Cheese on Grilled Rye w/Cole Slaw	\$10.95
10HS - Brisket Special - Hot Brisket with Melted Natural Munster Cheese on a Toasted Roll w/Cole Slaw (open faced)	\$13.95
11HS - Maria's Special - Hot Roast Loin of Pork with Melted Provolone Cheese, Cole Slaw	\$11.95

Side Orders

Rye Fries	\$3.95
Cole Slaw	\$3.50
French Fries	\$3.95
Cheese Fries	\$4.95
Sweet Potato Fries	\$4.95
Dijon Potato Salad	\$3.50
Kasha & Bowties w/Gravy	\$5.95
Bowtie Pasta Salad	\$3.50
Onion Rings w/Dipping Sauce	\$5.95
Health Salad	\$3.50
Potato Salad	\$3.50
Macaroni Salad	\$3.50
Italian Pasta Salad	\$3.50
Broccoli Rabe	\$5.95
Mozzarella Sticks	\$5.95

Tomato \$0.95 - Swiss Cheese \$0.95 - American Cheese \$0.95



Jumbo Burgers

Plain Burger or Cheeseburger w/Lettuce, Tomato, Onion	\$8.95
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Gourmet Burgers

All Burgers are served w/French Fries, Cole Slaw Lettuce, Tomato, on a Kaiser Roll

1HB - Cheese & Bacon	
2HB - Mushroom & Cheese	
3HB - Melted Provolone & Pizza Sauce	
4HB - Sauteed Mushrooms, Sweet Green Peppers & Onions	
<i>Angus Certified Prime Ground Beef</i>	



Chicken Breast Corner

Served on a Kaiser Roll

1CC - Plain Grilled Chicken Breast w/Lettuce	\$6.95
2CC - Grilled Chicken Breast w/Crisp Bacon & American Cheese	\$8.95
3CC - Chicken Breast w/Bacon, Cheddar Cheese, Sauteed Onions	\$8.95
4CC - Chicken Breast w/Sauteed Mushrooms & Cheddar Cheese	\$8.95
5CC - Chicken Parmigiana w/Provolone Cheese & Sauce	\$9.95
6CC - Buffalo Chicken Cheesesteak served on a Long Roll	\$9.95
7CC - Chicken Cheese Steak	\$8.95

Salad Platter Delights

**All Salads are Served on a Field of Greens, Ripe Tomato, Zesty Onion, Cucumber, and Our Homemade Bagel Chips*

* 1PD - Fresh Tossed Garden Salad	\$6.95
(Add Turkey, Chicken or Tuna Salad \$3.95 Extra)	
* 2PD - Chef Salad w/Julienne of Ham, Turkey, Roast Beef, Swiss Cheese	\$11.95
* 3PD - Greek Salad w/Field of Greens, Tomato, Cucumbers, Onions, Hard Boiled Egg, Greek Olives, Feta Cheese and House Dressing	\$10.95
4PD - Tuna or Chicken Salad w/on a bed of Lettuce, Tomato, Cucumber, Green Pepper Ring	\$9.95
5PD - Chicken Caesar Salad w/Chicken Breast w/Romaine Lettuce, Red Roasted Peppers & Caesar Dressing	\$10.95
* 6PD - Seafood or Shrimp Salad w/Homemade Potato Salad & Cole Slaw	\$12.95
7PD - Fruit Salad Platter w/Cottage Cheese	\$8.95

Anything on the Menu can be made into a Platter

Bagel Bin Delights

Served Plain or Toasted

1B - Bagel & Butter	\$1.95
2B - Bagel & Cream Cheese	\$2.75
3B - Bagel & Chive Cream Cheese w/Lettuce & Tomato (Our Own Creation)	\$4.95
4B - Bagel & Vegetable Cream Cheese w/Lettuce & Tomato (Our Own Creation)	\$4.95
5B - Bagel & Lox Spread w/Onions & Green Pepper Rings (Our Own Creation)	\$8.95
6B - Bagel & Kippered Salmon w/Olive, Tomato, Lettuce, Onion, Green Pepper Rings & Cream Cheese	\$13.95
7B - Bagel & Handcut Nova Lox w/Olive, Tomato, Lettuce, Onion, Green Pepper Rings & Cream Cheese	\$13.95
8B - Bagel & Chopped Herring Salad w/Olive, Tomato, Lettuce, Onion, Green Pepper Rings & Cream Cheese	\$11.95
9B - Bagel & Regular Handcut Lox w/Olive, Tomato, Lettuce, Onion, Green Pepper Rings & Cream Cheese	\$13.95
10B - Bagel & Whitefish w/Onion, Olive, Tomato, Lettuce, Cream Cheese w/Green Pepper Rings	\$13.95
11B - Bagel & Sable w/Olive, Onion, Tomato, Lettuce, Cream Cheese w/Green Pepper Rings	\$15.95
12B - Bagel & Whitefish Salad w/Olive, Onions, Tomato, Lettuce, Cream Cheese w/Green Pepper Rings	\$13.95