

## F&M Royal Brunch

### Juices

*Choice of 2*

Apple, Orange, Grapefruit or Tomato

### Chilled Selection

Fresh Fruit Salad

### Hot Entrees

*Choice of 1*

French Toast Sticks

Cheese Blintzes

### Eggs

*Choice of 2*

Scrambled Eggs with Ham & Cheese

Scrambled Eggs with Spinach

Scrambled Eggs  
with Bacon & Tomatoes

Home Fried Potatoes

### Fresh Baked Goods

*Entire Selection*

Assorted Muffins & Mini Danish

Bagels with Cream Cheese,  
Butter & Jelly

### Breakfast Meats

*Choice of 2*

Bacon, Country Sausage,  
Ham or Turkey Sausage

### Beverages

Coffee (decaf & regular) & Hot Tea

Cream, Sugar, Sweetener & Lemons

\$16.95 per person plus tax

*Includes disposable paper products.*

*Staffing & service charge not included in price.*

*All prices are based on a ten person minimum. Less than ten guests, there will be an additional charge per person.*

## F&M Wake Up Call

### Assorted Fresh Bagels

Cream Cheese (plain or vegetable)

Butter & Jelly

\$2.50 per person

### Fresh Baked Goods

*Choice of 2*

Danish, Granola Bars, Croissants,

Muffins, Donuts or Pastries

\$2.50 per person

### Chilled Selection

Fresh Fruit Salad or Yogurt

\$3.95 per person

### Juice

*Choice of 2*

Apple, Orange, Grapefruit or Tomato

\$1.95 per person

### Fresh Brewed Coffee & Tea

Coffee (decaf & regular) & Hot Tea

Cream, Sugar, Sweetener & Lemons

\$1.95 per person

Ala Cart or choose the  
Complete Morning Package for  
\$8.95 per person plus tax

Includes all of the above with  
disposable paper products

There is \$10.00 Delivery Fee For  
Royal Brunch & Wake Up Call

*All prices are based on a ten person minimum. Less than ten guests, there will be an additional charge per person.*

## F&M's Smoked Fish Platter

Your choice of three (3) fishes

Nova Lox~Regular Lox

Kippered Salmon

Jumbo Whitefish ~Whitefish Salad

Sable~Carp(addition charge)

Choice of two (2) Cheeses

Swiss~Cooper~Muenster

Sweet Munchie

Provolone~American~Alpine Lace

Presented on a bed of greens,  
sliced tomatoes, cucumbers,

onions, green pepper rings & olives.

Accompanied with cream cheese,  
assorted bagels & black bread.

\$19.95 per person plus tax

### Poached Salmon

Whole Salmon poached to perfection

served with dill sauce & garden vegetables

Medium or Large Available

Market Price

*All prices are based on a ten person minimum. Less than ten guests, there will be an additional charge per person.*

## Snack Attack

An assortment of popcorn, peanuts,  
candy, chocolate, cookies, crackers,  
pretzels & potato chips

\$4.95 per person plus tax

### Middle Eastern Tray

A selection of hummus, feta cheese,  
spanakopita (spinach and feta cheese),  
stuffed grape leaves, roasted peppers,  
assorted Greek olives, chick peas, and pita

### Deluxe Antipasto Tray

A selection of Italian meats sliced thin  
and accompanied by sharp provolone  
and marinated mozzarella cheese,  
long hot peppers, sliced cherry peppers,  
roasted peppers, marinated olive blend  
and bruschetta served with toast rounds

\$10.95 per person

### Taco Time

#### Build Your Own Taco Bar

Fresh cooked taco meat in a

crunchy taco shell

Self-Serve Toppings

Cheese~Tomatoes~Olives

Sour Cream~Salsa~Onions

Jalapeño Peppers

\$7.95 per person plus tax

*All prices are based on a ten person minimum. Less than ten guests, there will be an additional charge per person.*

## Add On To Any Package

### Beverages

Assorted Soda or Bottled Water

\$1.50 (1) per person plus tax

Iced Tea or Lemonade

\$2.50 per person plus Tax

Coffee or Hot Tea

\$1.95 per person plus tax

### Desserts

Home Baked Cookies or

Home Baked Brownies

\$2.95 per person plus tax

Chocolate Layer Cake

Assorted Cake Slices

Fruit Pies

\$3.50 per person plus tax

### Fresh Cut Fruit Salad

\$4.95 per person

### Sweet Table

Mini Cannolis~Mini Eclairs

Mini Cream Puffs~Mini Slices of Cake

\$5.95 per person plus tax

*All prices are based on a ten person minimum. Less than ten guests, there will be an additional charge per person.*



- **Delicatessen**
- **Restaurant**
- **Catering**
- **Event Planners**

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### Lunch Time

All trays are attractively garnished and accompanied with pickles, lettuce, tomatoes, mayonnaise, mustard, chips, soda, disposable paper products & a choice of two of the following salads: Cole Slaw, Potato Salad, Macaroni Salad, Italian Pasta, Bowtie Pasta or Dijon Potato Salad

### “The Sampler”

Half Sandwich Variety Platter  
Roast Beef  
Imported Danish Ham & Cheese  
Tuna Salad~ Chicken Salad  
Corned Beef~Turkey Breast  
\$9.95 per person plus tax

### Mini Sandwiches

*Two Sandwiches per person*  
Roast Beef  
Imported Danish Ham & Cheese  
Tuna Salad~ Chicken Salad~Corned Beef  
Turkey Breast~DiJon~Tuna Salad  
Grilled DiJon Chicken Salad~Egg Salad  
Shrimp Salad~Seafod Salad  
Served on mini rolls & croissants  
\$9.95 per person plus tax  
\$6.95 per person Sandwiches Only

### Hoagie Tray

*Choice of Three*  
Italian~American~Roast Beef  
Turkey~Corned Beef~Tuna Salad  
Chicken Salad~Cheese  
Veggie~Ham & Cheese  
Topped with lettuce, tomato, onions,  
oregano, salt & oil  
\$10.95 per person plus tax

All prices are based on a ten person minimum. Less than ten guests, there will be an additional charge per person.

### The Boxed Lunch

A F&M Sandwich  
&  
Choice of 2 Salads  
Potato Salad~Bowtie Pasta Salad  
Cole Slaw~Macaroni Salad  
Fruit Salad  
Includes  
Cookie, Can of Soda & Pickle  
\$10.95 per person plus tax

### The Mixer

Assortment of Wraps, Sandwiches  
& Hoagies  
\$10.95 per person plus tax

### Assorted Wraps

Grilled Chicken Caesar  
Grilled Vegetable  
Turkey Club  
Imported Ham & Cheddar Cheese  
Roast Beef & Munster Cheese~Ruben  
Tuna Salad~Chicken Salad  
Buffalo Chicken  
\$10.95 per person plus tax

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### Lunch Time

### Sloppy Joes

Fresh turkey, roast beef, pastrami,  
corned beef or spiced beef  
Choice of 2 meats per sandwich  
layered with russian dressing &  
cole slaw on 3 slices of rye,  
pumpkinseed or marble rye  
\$12.95 per person plus tax

### Crudité & International Cheese Board

An enticing display of a garden  
fresh variety  
of broccoli & cauliflower florets,  
cucumbers, carrot & celery sticks,  
cherry tomatoes, zucchini & yellow  
squash. A gourmet variety of imported  
& domestic cheeses all served with  
assorted fresh fruit, homemade dips,  
bagel chips & crackers  
\$6.95 per person plus tax

### Sliced Fruit Tray

Assorted Fresh Cut Seasonal Fruit  
Served with Yogurt Dip  
\$4.95 per person plus tax

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### Gourmet Sandwiches

### Grilled Chicken Breast

Marinated & grilled with romaine lettuce,  
tomatoes, onions & mayo

### F&M's Homemade Roast Beef

Layered with sweet munchie cheese,  
roasted peppers & onions

### Grilled Vegetable

Drizzled with pesto sauce & marinated  
smoked mozzarella

### Grilled Raspberry Chicken

Marinated in our own raspberry  
marinate & layered with  
grilled zucchini & summer squash

### F&M's Turkey Breast

Marinated mushrooms, swiss cheese,  
herb mayonnaise, onion & romaine lettuce

### Tuna

Solid white tuna with tomatoes,  
romaine lettuce, roasted peppers  
with balsamic vinaigrette

### F&M's Famous Parma Prosciutto

Layered with imported sharp provolone,  
roasted peppers, tomatoes, romaine lettuce  
& extra virgin olive oil

### Italian Chicken Cutlet

Served with marinated mushrooms,  
roasted peppers, provolone cheese  
& romaine lettuce

\$12.95 per person plus tax

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### Hot To Go

### Delivered Hot

Select Two Entrées  
Roast Sirloin of Beef Aujus  
Oven Roasted Turkey Breast  
with Natural Mushroom Gravy  
Penne Pasta with Tomato Sauce  
Pasta Primavera~Italian Meatballs  
Sausage, Peppers & Onions  
Medallions of Chicken Breast  
with Honey Dijon Mustard Sauce  
Chicken & Wine  
Grilled Raspberry Chicken  
Stuffed Shells & Sauce  
Pasta with Blush Sauce  
Mediterranean Chicken with  
Tomatoes & Mushrooms

### Included With The Above Entrées

Potato or Brown Rice & Vegetable  
Caesar or Tossed Salad  
Rolls & Butter  
All Disposable Paper Products  
\$13.95 per person plus tax  
*Plus Service Charge of 20% & Staffing  
Charges if Applicable*

### Additional Entrée Selection

\$6.95 per person each entrée

### Beverage

Assorted Soda or Bottled Water  
\$1.50 (1) per person plus tax

### Desserts

Home Baked Cookies or  
Home Baked Brownies  
\$2.95 per person plus tax  
Chocolate Layer Cake  
Assorted Cake Slices~Fruit Pies  
\$3.50 per person plus tax

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### The Great American BBQ

### Choice of Two Salads

Jersey Tomato Salad~Health Salad  
Dijon Potato Salad~Cole Slaw  
Potato Salad~Macaroni Salad

### From The Grill

Hamburgers & Hot Dogs  
Ketchup, Mustard & Relish  
Lettuce, Tomatoes, Onions, Pickles,  
Hot Dog Buns, Hamburger Rolls,  
Cheese, Corn on the Cob,  
Baked Beans, Sauerkraut &  
Fresh Seasonal Mellon Slices

### Beverages

Lemonade or Iced Tea  
\$19.95 per person plus tax  
*Includes All Disposable Paper Products  
Minimum of 50 Guests  
Additional Fee for Under 50 Guests*

### Additional Entrées

BBQ Chicken \$4.95 per person  
BBQ Ribs \$5.95 per person

### Food for Thought-Call For Pricing

Grilled Veal Chops~Kabobs  
Lamb Chops~Whole Roasted Pig  
Grilled New York Strip Steak  
Grille Filet Mignon~Maine Lobster  
Steamed Clams, Mussels or Crabs  
Grilled Vegetables  
Sweet Table  
Assorted Ice Cream Novelties  
Sheet Cakes~Italian Water Ice  
Home Baked Cookies or Brownies  
Birthday or Specialty Cakes  
Unlimited Soda Bar  
Coffee & Hot Tea

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